



WHAT WE LEARNED TODAY

BOTTOM LINE:

God wants me to grow

GOD'S WORD SAYS:

1 Peter 2:2

God's Word

(hands hold Bible)

helps me grow

(show muscles)

My Bible Story

Strong Man / Weak Man
Judges 13 & 16

Samson was strong and had huge muscles. God made Samson strong so he could lead God's people. He was so strong no rope could hold him. His secret to his strength that God gave him was his long hair.

But Samson was weak on the inside and could not make the right choices when it really mattered.

God wants us to be strong on the inside. He wants us to grow in Him, and we grow in Him by listening to His Word - the Bible.

Questions To Ask:

- Who made Samson strong? *(God)*
- How do we grow strong in God? *(listen to His Words)*

PARENTING PRESCHOOLERS

HOW THEY LOOK

Developing Independence In Your Preschooler

Begin early teaching your young ones how to pick out their clothes and how to put them on. By developing a routine when they are young, this will help you tremendously as they get older.

What to wear. You can begin doing this at an early age. Of course, you stack the deck. You choose three matching outfits and let them pick. As they get older they may want to exert their individuality, and this is a great place to allow them that privilege. After all, if they have it in their closet, you did buy it for them, right?

Dress themselves. Teach them how to tell the front from the back. They may need some help with clothing that has buttons or snaps. But these are great teaching moments too. Remember to allow your little one plenty of time to dress and remove distractions by dressing in their room and not the kitchen or TV room. To encourage a job well done, you might use incentives like stickers until they master this.

WHAT WE CAN DO AT HOME

MEAL TIME *(any time this week during meal times)*

What Makes Me Grow?

What You Do:

During any meal time, you can ask one or more of these questions.

Questions To Ask:

- What makes us grow? (food)
- Does everything we eat make us grow strong? (no)
- What types of food help us grow strong? (vegetables, fruit, meat)
- What happens if we don't eat food? (get weak and don't get strong)
- What helps us grow strong in God? (His Word - the Bible)
- Does God's Word, the Bible, help us grow strong? (yes)