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Class Time Schedule

Part 1
Let's Play (Pre-Service)

- Play Time
- Color Page
- What's In The Bag?

Part 2
Let's Listen (Large Group)

- Introduction
- Worship
- Bible Story Motion Comic
- Inter-Active Object Lesson
- Closing Sketch

Part 3
Let's Live It! (Small Group)

- What Am I Doing? (Game Activity)
- Grow Strong (Object Lesson)
- Jumping Jacks For Jesus (Inter-Active Activity)
- God's Word Is Special (Object Lesson)
- James & James' House (Learning Activity)
- Snack Time - Apple Slices

SAY BOTTOM LINE - God wants me to grow.

GOD'S WORD SAYS - I Peter 2:2, "God's word helps me grow."

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Class Time Schedule

Today's Date: _____ Lead Teacher: _____

SAY BOTTOM LINE - God wants me to grow.

GOD'S WORD SAYS - I Peter 2:2, "God's word helps me grow."

LESSON

WHO

Let's Play (Pre-Service)

- | | |
|-----------------------|-------|
| 1. Play Time | _____ |
| 2. Color Page | _____ |
| 3. What's In The Bag? | _____ |

Let's Listen (Large Group)

- | | |
|-----------------------------|-------|
| 4. Lesson Intro | _____ |
| 5. Worship | _____ |
| 6. Bible Story Motion Comic | _____ |
| 7. It's Time To Grow | _____ |
| 8. Grow In God | _____ |

Let's Live It! (Small Group)

- | | |
|-------------------------------|-------|
| 9. What Am I Doing? | _____ |
| 10. Grow Strong | _____ |
| 11. Jumping Jacks For Jesus | _____ |
| 12. God's Word Is Special | _____ |
| 13. James & James' House | _____ |
| 14. Snack Time - Apple Slices | _____ |

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TO THE TEACHER

Bible Story

*Strong Man / Weak Man
Judges 13 & 16*

Samson was strong and had huge muscles. God made Samson strong so he could lead God's people. He was so strong no rope could hold him. His secret to his strength that God gave him was his long hair.

But Samson was weak on the inside and could not make the right choices when it really mattered.

God wants us to be strong on the inside. He wants us to grow in Him and we grow in Him by listening to His Word - the Bible.

Lesson Overview

The purpose of this lesson is to establish an understanding of the two types of growth, physical and spiritual, and to challenge children to do the things that will cause them to grow spiritually.

(There are other types of growth such as intellectual growth and emotional growth, but to simplify things we will just talk about spiritual growth and physical growth.)

When we are born again, we start out as a spiritual babe; however, God does not want us to stay a baby Christian. He wants us to grow. He wants us to learn how to stand on our own and make the right decisions.

What can we do to cause ourselves to grow up spiritually? Most of us know what to do to grow up physically. We tend to think primarily about physical growth. When someone asks, "How old are you?," they are talking about physical growth.

Two things that we can do to grow strong physically is to eat the right foods and to exercise.

We don't have real good ways of measuring spiritual growth; however, there are things we can do that causes us to grow spiritually.

One way we grow is when we read the Bible. There are many other ways but we will be focusing on one today.

Since most preschool children are not reading, for the purpose in this lesson we will teach using the key words "Listen To God's Word."

The main point that we want to drive home is establishing that God wants us to grow strong in Him.

1. PLAY TIME 2. COLOR PAGE

Bible Story

Strong Man / Weak Man
Judges 13 & 16

Samson was strong and had huge muscles. God made Samson strong so he could lead God's people. He was so strong no rope could hold him. His secret to his strength that God gave him was his long hair.

But Samson was weak on the inside and could not make the right choices when it really mattered.

God wants us to be strong on the inside. He wants us to grow in Him and we grow in Him by listening to His Word - the Bible.

COLOR PAGE

What You Say:

I am really excited about today's lesson.

It is about growing strong in God!

Do you know who this is in our coloring page this week?

(Allow kids to respond.)

His name is Samson; he looks pretty strong doesn't he?

Today we're going to learn where Samson got his strength and why.

Let me see you flex your muscles really quick!

(Allow kids to flex muscles.)

Wow you guys have some HUGE muscles!

SAY BOTTOM LINE - God wants me to grow.

Motions: God (point to God) **Wants Me** (point to self) **Grow** (muscles arms)

GOD'S WORD SAYS - I Peter 2:2, "God's word helps me grow."

Motions: God's Word (hands hold Bible) **helps me grow** (muscle arms)



3. WHAT'S IN THE BAG?

HOW TO PLAY

- These are clues to this week's Bible story.

What You Need:

- Big bag with draw string
- ½ gallon of milk
- Wig
- 5 lb. dumbbell

How It Is Done:

- Select three kids to put their hand in the bag (one at a time) and have them guess what they think is in the bag!
- One at a time pull out the item they have grabbed and show everyone.

What You Say:

It's time to dig into the big bag and see what we find this week! Are you ready? I have hidden a few items that are clues for our Bible story this morning in the big bag! Who wants to find one of the clues?

When they pull out the MILK

We found a ½ gallon of milk - hmmm. Why do we drink milk? Milk helps us grow strong, doesn't it?

We are going to learn that Samson was strong, but he was strong because God made him strong. God needed Samson strong to be a great leader.

Okay, now I have two more items in my bag. Who wants to go next?

When they pull out the WIG

Wow, a wig. We colored a picture about who? Samson, right. He had long hair. Did you know that God made Samson strong, and if he didn't cut his hair he would be strong?

But something happened and Samson became very weak. We will see what happened.

When they pull out the WEIGHT

Whoa! A 5 lb. weight. Of course. Samson was strong and had big muscles on the outside, but Samson was weak on the inside. He was not strong in God.

SAY BOTTOM LINE - God wants me to grow.

Motions: God (point to God) Wants Me (point to self) Grow (muscles arms)

GOD'S WORD SAYS - I Peter 2:2, "God's word helps me grow."

Motions: God's Word (hands hold Bible) helps me grow (muscle arms)

KINDER CHURCH 2.0 Grow - Week 1

Name _____

God made Samson strong so he could lead God's people. The secret to his strength was his long hair.

